

**Chapter VI
COURSE OF STUDY**

Section 1. Course of Study for Cosmetology Students. The educational program of all schools shall include no less than ten and one half (10 1/2) months of study and no less than two thousand (2000) hours for a complete cosmetologist course.

(a) One thousand nine hundred and twenty-five (1925) hours shall consist of the following minimum training requirements and shall include related theory:

	Minimum Performance Hours
Cosmetology	
Shampooing/Related Treatments	175
To include theory and practical credits in:	
shampoo	100 cr.
related hair and scalp treatments	75 cr.
Hair Styling	275
To include theory and practical credits in:	
roller sets	75 cr.
pin curls	25 cr.
fingerwaves	25 cr.
wiggery	5 cr.
iron curls	50 cr.
blow drying	50 cr.
up-do	10 cr.
braiding	10 cr.
Hair Color - (Including 50 hours of theory)	200
To include theory and practical credits in:	
virgin tint	20 cr.
virgin lightening	20 cr.
retouch tint	20 cr.
retouch lightening	20 cr.
special color effects	20 cr.
highlight	20 cr.
law of color and corrective color	20 cr.
Permanent Waving	150
To include theory and practical credits in:	
permanent wave techniques	50 cr.
Chemical Hair Relaxing	50
To include theory and practical credits in:	
all methods of virgin and retouch relaxing	10 cr.
Hair Cutting	275
To include theory and practical credits in:	
clipper, razor, and scissor technique,	
implement safety and infection control	200 cr.
Wyoming Laws Rules and Sanitation	100
To include theory and practical practice of	
Wyoming rules, bacteriology, client safety	

and infection control.	
Salesmanship, Salon Management, Ethics To include theory of salon business and professional standards in cosmetology	50
Anatomy/Physiology To include theory of the systems, skin disorders, hair disorders and nail disorders	125
Manicuring / Pedicuring To include theory and practical credits in:	125
manicures	20 cr.
pedicure	5 cr.
polish	10 cr.
artificial nails/sculpts/applications	50 cr.
tip/wrap	50 cr.
Waxing for top of foot & back of hand	5 cr.
Chemistry of Products	125
Massage To include theory and practical credits in:	60
hand, arm, foot, leg	
scalp and face	100 cr.
Analysis To include theory in analyzing nails hair and skin	95
Esthetics	120
To include theory and practical credits in application of treatments with and without machines	
lash and brow tint	5 cr.
hair removal	20 cr.
make up	20 cr.
cleansing/steaming/masks/packs/peels	20 cr.
aroma therapy/spa	3 cr.
Other Hours	75
May include instruction by individuals other than cosmetology instructors. These hours must be documented and records kept in student's file	

Total Hours required are 1925 plus the 75 discretionary hours for a Total of 2000.

- (b) Client protection and proper disinfection should be taught and utilized as necessary (according to the Wyoming Law and manufacturers Directions)
- (c) The course of training for the remaining 75 hours shall be at the discretion of the school to determine and may include as many as twenty five (25) hours of instruction by individuals other than cosmetology instructors where such instruction may serve to enrich the education program offered.

- (d) If any hours are accomplished outside the school premises, they must be acquired under supervision or guidance of an instructor and supporting documents must be made available if requested by the Board.

Section 2. Course of Study for Hairstyling. The educational program of all schools shall include no less than seven and one half (7 1/2) months of study and no less than twelve hundred and fifty hours (1250 hrs) for a complete hairstylist course.

One thousand two hundred hours (1225) shall consist of the following minimum training requirements and shall include related theory:

	Credits:	Performance Hours:
Theory of Hair		50
Structure		
Disorders		
Analysis		
Cleansing and Treatments of Hair and Scalp		75
Shampooing	50	
Massage	25	
Treatments	25	
Safety		
Infection Control		
	Credits	Hours
Theory and Application of Hair Design		450
Hair Cutting		
Razor	50	
Clippers	25	
Shears	125	
Implement Safety		
Infection Control		
Hairstyling		
Wet Sets	35	
Thermal Sets	80	
Shaping & Waving	15	
Long Hair	25	
Hair Additions	10	
Braiding	10	
Wiggery	5	
Safety		
Infection Control		
Theory and Application of Chemical Hair Restructurizing		180
Waving Techniques	75	
Relaxing Techniques	20	
Chemicals		
Safety		
Infection Control		
Theory and Application of Artificial Color and Lightening		190
Tinting Techniques	60	
Bleaching Techniques	50	
Highlighting Techniques	50	
Artificial Color Removal/Color Correction	5	
Safety		

Infection Control	
Wyoming Laws/Infection Control/Safety	100
Wyoming Statues, Rules and Regulations	
Microbiology	
Decontamination/Disinfection	
Client Safety	
Anatomy/Physiology	80
Head & Shoulders	
Bones	
Muscles	
Nerves	
Circulatory	
Integumentary	
Scalp Disorders	
Theory and Practices of Professional Standards	50
Salesmanship	
Salon Management	
Ethics	
Cosmetology Chemistry	50
Basic Chemistry Principles	
pH	
Product Formulation/Ingredients	
Hair Care	
Permanent Waving	
Chemical Straightening	
Hair Color/Lightening	
Discretionary Hours	25
Total Hours Required are 1225 plus 25 Discretionary hrs. for a total of:	1250

Client protection, proper sanitation and disinfection should be taught and utilized as necessary (according to the Wyoming Law and manufacturers directions)

The course of training for the remaining 25 hrs. shall be at the discretion of the school to determine and may include as many as 10 hrs of instruction by individuals other than Cosmetology Instructors where such instruction may serve to enrich the education program offered.

If any hours are accomplished outside the school premises, they must be acquired under supervision or guidance of an instructor and supporting documents must be made available if requested by the Board.

Section 3. Course of Study for Student Instructor. Any course offered to student instructors shall consist of at least one thousand (1000) hours of instruction and shall have a curriculum which provides for the following:

- (a) An introduction to teaching
- (b) Ethics and personality development
- (c) Preparation of lesson plans
- (d) The use of audio and visual teaching aids
- (e) Test construction and analysis
- (f) Record keeping for schools and students
- (g) Theory class lectures
- (h) Performance class demonstrations

- (i) Laws and rules governing cosmetology
- (j) Student supervision, not to exceed five hundred (500) hours supervising students in the clinic area

Section 4. Course of Study for Manicuring/Nail Technician Students. The education program for all manicuring/nail technician students shall include no less than four hundred (400) hours for a complete manicurist/nail technician course.

(a) Three hundred seventy-five (375) hours shall consist of the following minimum training requirements and shall include related theory.

		Performance Hours:
Operations:		
(I)	Wyoming laws, rules sanitation and safety measures	80
	(1) Bacteriology	
	(a) classification	
	(2) Sanitation	
	(a) Chemical products	
	(b) Sanitizing Methods and procedures	
	(3) Wyoming laws and rules	
(II)	Anatomy and Physiology (arms, hand, feet)	75
	(1) Nail shapes, structures, growth.	
	(a) nail irregularities	
	(b) nail diseases	
	(2) Bones, muscles, nerves	
	(a) bones of arm, hand feet, lower leg	
	(b) Muscles of arm, hand feet, lower leg	
	(c) Nerves of the arm Hand, feet, lower leg	
	(3) Skin	
	(a) histology	
	(b) functions	
	(4) Blood Circulation	
	(a) Blood vessels	
	(b) Blood supply to the arm hand, foot, lower leg.	
(III)	Manicuring and Pedicuring	
	(1) Preparation	
	(2) Equipment and Implements	
	(3) Supplies	
	(4) Procedures	
	(a) Water and Oil	
	Manicures	20
	Pedicures	45
	(b) Nail analysis	20
	(c) Hand/arm Massage	40
	(d) Waxing for top of foot & back of hand	5
	(5) Pedicures	5
	(6) Foot and leg massage	10
		20
(IV)	Artificial nail application	30
	(1) Chemical agents-traditional	

	and Odorless, wrap products		
(2)	Sculpturing (liquid and powder Brush on) traditional and odorless	50 nails	30
(3)	Artificial nail tips	50 nails	30
	(a) Nail wraps and repairs		
(4)	Polish application		5
(V)	Professional ethics, poise, and personal development		15

(b) The course of training for the remaining twenty-five (25) hours shall be at the discretion of the school to determine and may include all (25) hours of instruction by individuals other than cosmetology instructors where such instruction may serve to enrich the educational program offered.

(c) If any hours are accomplished outside the school premises, they must be acquired under the supervision or guidance of an instructor and be made available if requested by the Board.

Section 5. Course of Study for Esthetician Students. The educational program for all esthetician students shall include no less than six hundred (600) hours for a complete skin care course.

(a) Five Hundred Sixty (560) hours shall consist of the following minimum training requirements and shall include related theory.

	Minimum Performance Hours
Esthetics	
To include theory and practical credits in application of treatments with and without machines	120
lash and brow tint 5 cr.	
hair removal	20 cr.
make up	20 cr.
cleansing/steaming/masks/packs/peels	
other related exfolients	20 cr.
aroma therapy/spa	3 cr.
Chemistry of Products	75
Massage	60
To include theory and practical credits in: face, neck and shoulders	80 cr.
Analysis	50
To include theory in analyzing skin	
Wyoming Law/Infection Control	90
To include theory and practical practice of Wyoming rules, bacteriology, client safety and infection control	
Salesmanship/Management/Ethics	40
To include theory of salon business and professional standards in esthetics	
Anatomy/Physiology	125
To include theory of the systems skin disorders	
Other Hours	40

May include instruction by individuals other than Esthetician instructors. These hours must be documented and records kept in Students file

Total Hours required are 560 plus the 40 discretionary hours for a Total of 600.

- (b) Client protection and proper sanitation should be taught and utilized as necessary (according to the Wyoming Law and manufacturers Directions)
- (c) The course of training for the remaining 40 hours shall be at the discretion of the school to determine and may include as many as 15 hours of instruction by individuals other than Esthetician instructors where such instruction may serve to enrich the education program offered.

- (d) If any hours are accomplished outside the school premises, they must be acquired under supervision or guidance of an instructor and supporting documents must be made available if requested by the Board.

Section 6. Credit Allowed When Transferring from One Course to Another. A student registered for a hairstyling, manicuring/ nail technician or esthetician course, or a licensed hairstylist, manicurist/ nail technician or esthetician may transfer to or enroll in a full cosmetologist course with full credit of applicable hours. A student enrolled as a cosmetology student may transfer only course specific hours to hairstyling, manicuring/nail technology or esthetics course and the transfer hours must be approved by the board.